

The most common sexual problem due to adult literature is impotence (erectile dysfunction).

The men who are obsessed with pornography prefer excess masturbation. Men who are porn addicted are more likely to become disinterested in sex and generally suffer from erectile dysfunction. Impotence [Treatments Specialist](#) in Delhi is here to discuss, what exactly adult literature is and why it is causing a rise in erectile dysfunction.

What is porn addiction?

Pornographic addiction can be defined as the repeated use of pornographic material, such as watching sexual clips. The person gets addicted to watch sexual movies or porn on a regular basis and it causes negative consequences to the viewer's mental, physical and social well being. Common symptoms of sexual addiction are: -

Continuous urge to watch porn.

Spending more and more time on porn sites.

Inability to stop viewing porn.

Urge to do masturbation or sex.

Porn leads of erectile dysfunction or impotence

Porn addiction leads to brain changes, as the men continually watch porn to feel stimulated and their natural ability to feel stimulated severely hampered. The most disturbing effect of adult literature is that it induces erectile dysfunction and prevents men from engaging in ordinary and satisfied sexual relation. Erectile Dysfunction is the most common sexual problem which causes relationship issues.

Many people have suffered breakups and divorce due to porn addiction. Porn addicts could not stop themselves from watching porn and [vidio bokep jepang](#) do regular masturbation, which is affecting their sexual health and causing sexual problems.

Other causes of Impotence

A person's overall lifestyle plays a huge role in the development of erectile dysfunction. Addictions like smoking, drinking and using illegal drugs can all be the causes of erectile dysfunction. It can occur due to the regular intake of medicines for diabetes and high blood pressure.

Some psychological causes of ED are: -

Anxiety

Depression

Guilt

[Relationship](#) problems

Stress

Sexual

Sexual grief

Fear of sexual failure

Low self confidence

Low self esteem

Medical causes of ED

High blood pressure

Diabetes

Cardiovascular diseases

Injury to pelvic area

Surgery for bladder

Prostate cancer

Prostate surgery

So, this is all about porn addiction and erectile dysfunction. If you are also one of those people who are porn addicted, then you need to get the treatment or sexual therapy to get rid of addiction. adult literature can ruin your sexual life, so getting treatment from an expert doctor is a must.

Best treatment provider for Impotence or erectile dysfunction Dr. P.K. Gupta is the best Impotence specialist in Delhi, who can help you get the right treatment for impotence. He is a well known sexologist in Delhi, whom you can consult for the sexual therapy and treatment.

From:
<http://wiki.fux-eg.org/> - **wiki-fux**

Permanent link:
http://wiki.fux-eg.org/doku.php?id=po_n_addiction_is_causing_a_ise_in_e_ectile_dysfunction

Last update: **2024/03/21 11:07**

